

Use this chart to find a quick verse to answer an attack as it is happening. Jot it (or another verse which God reminds you of) down on the God Says... chart right away and let it be known that you do NOT give consent to this thought!

Whose **idea** was this in the first place?
2 Cor. 10:5

Are you **resisting** or giving in? Don't hang around!
James 4:7

Does this attack sound like **blackmail** or something to keep secret?
2 Cor. 4:2

Are you being tempted to **isolate / insulate** yourself from others?
James 5:16

Did you forget that this person is not your **REAL enemy**?
Eph. 6:12

Remember it takes TWO (you and the one giving you the idea) to act on a temptation successfully.
Look for the **exit door**, off button, or another alternative..
1 Cor. 10:13

If it be [so], our God whom we serve is able to deliver us from the burning fiery furnace, and he will deliver [us] out of thine hand, O king. But if not, be it known unto thee, O king, that we will not serve thy gods, nor worship the golden image which thou hast set up. Dan. 3:17-18

For if our heart condemns us, God is greater than our heart, and knows all things. 1 John 3:20

If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. 1 John 1:9

Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me. Romans 7:20

What shall we say then? Shall we continue in sin, that grace may abound? Romans 6:1

By the mouth of two or three witnesses every fact may be confirmed. Matthew 18:16

But each one is tempted when he is drawn away by his own desires and enticed. James 1:14

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. 2 Timothy 1:7

He has not dealt with us according to our sins, nor punished us according to our iniquities. Psalm 103:10

Moreover if your brother sins against you, go and tell him his fault between you and him alone. If he hears you, you have gained your brother. Matthew 18:15

Even so consider yourselves to be dead to sin, but alive to God in Christ Jesus. Romans 6:11

And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. 2 Cor. 12:9

Do you not know that to whom (anger, pride, etc.) you present yourselves slaves to obey, you are that one's slaves whom you obey, whether of sin leading to death, or of obedience leading to righteousness? Romans 6:16

Blessed are the peacemakers, For they shall be called sons of God. Matthew 5:9

For You will not leave my soul in hell, Nor will You allow Your Holy One to see corruption. Psalm 16:10

And he said to them all, If any man will come after me, let him deny himself, and take up his cross daily, and follow me. Luke 9:23

Looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled; Hebrews 12:15

A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. By this all will know that you are My disciples, if you have love for one another. John 13:34-35

Beloved, do not think it strange concerning the fiery trial which is to try you, as though some strange thing happened to you; 1 Peter 4:12

The LORD your God in your midst, The Mighty One, will save; He will rejoice over you with gladness, He will quiet you with His love, He will rejoice over you with singing. Zeph. 3:17

As for the saints who are on the earth, "They are the excellent ones, in whom is all my delight." Psalm 16:3